

Lips Aftercare Instructions

Do & Don't

- ✔ After the procedure, gently blot the area with a clean tissue every 15 minutes until the oozing has stopped
- ✔ Keep the area dry for 24 hours
- ✔ Gently wash with mild soap twice/day
- ✔ Apply thin layer of ointment 3 times/day
- ✘ Do not use washcloth, pick or scratch tattooed area
- ✘ Do not use steam, sauna, swim for 10 days
- ✘ Do not put make up on tattoo area for 10 days
- ✘ No heavy sweaty exercise for 1 week
- ✘ Don't expose to direct sun for 1 week

Further advice

- After procedure use ice packs 3-4 times for 15 minutes spurts in first day to reduce swelling
- Drink from a straw the first few days and avoid salty and spicy food

“ At first your lips will appear more bold than usual over the next few days. After your procedure, your lips may darken and the skin may feel tighter. This is totally normal, around 3-5 days, you may notice some flaking/shedding of the skin on your lips. When the skin flakes off, many times the pigment may disappear! This is NORMAL! This is because there is still a thick layer of protective skin creating a veil over the pigment. Once you go through a skin regrowth cycle (4-6 weeks) the pigment will typically reappear but will be about 30-50% lighter than it was immediately after the procedure. That's why a Touch up session is necessary to PERFECT your Lips ”

Your next appointment

Date

Time

Artist



JESSICA WEATHERS

“Good aftercare determines how good the end result will look”

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STAGES OF healing



Day 1
(right after procedure)
My lips feel a little swollen and tight



Day 2
My lips are much darker and still feel swollen & dry but I don't feel pain. Healing cream helps!



Day 3-4
The skin is flaking and scabbing and the color has faded substantially



Day 5-6
My lips feel almost normal. The flaking is almost gone



Day 7
My lips have completely healed but the color is much lighter than after the procedure



After 4-6 weeks
The color has come back nicely. There are some uneven spots. Time to schedule touch up